

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2018

Woodside Senior Living Memory Care

							10am Exercise 1 11am Mental Workout 2pm Annette Keys 3pm Physical 4pm Music
10am Catholic Service 2 11am Mental Workout 2pm Arts and Crafts 3pm Physical 4pm Church Service Never2Late 6:45pm Charles Brown MDR	10am Exercise 3 11am Sonshine 3pm Physical 4pm BINGO 7pm Piano w/Paul MDR <small>First Day of Hanukkah</small>	WEIGHT CLINIC 4 10:30 Hanukkah 1:30pm Learn the Bible 3pm Physical 4pm Music 7pm Bingo	10am Exercise 5 11am Mental Workout 1:30pm Chair Dancing MDR 3pm Arts & Crafts 4pm Music 7pm Scented Lotions	10am Exercise 6 11am Mental Workout 2pm Arts & Crafts 3pm Learn the Bible 4pm Music 6pm Grief Counseling 2LNG 7pm Sensory	10am Exercise 7 11am Mental Workout 2pm Happy Hour MDR 3pm Physical 4pm Music 7pm Movie /Popcorn	10am Exercise 8 11am Mental Workout 2pm Arts & Crafts 3pm Physical 4pm Music 7pm All Male Choir	
10am Catholic Service 9 11am Mental Workout 1:45pm Church Choir MDR 3pm Physical 4pm Church Service Never2Late	10am Exercise 10 11am Sonshine 3pm Physical 4pm BINGO 7pm Piano w/Paul MDR	10am Exercise 11 11am Mental Workout 1:30pm Learn the Bible 3pm Physical 4pm Music 7pm Bingo	10am Exercise 12 11am Mental Workout 3pm Arts & Crafts 4pm Music 7pm Scented Lotions	10am Exercise 13 11am Mental Workout 2pm Arts & Crafts 3pm Learn the Bible 4pm Music 7pm Sensory	10am Exercise 14 11am Mental Workout 2pm Happy Hour MDR 3pm Physical 4pm Music 7pm Movie /Popcorn	10am Exercise 15 11am Mental Workout 2pm Arts & Crafts 3pm Physical 4pm Music	
10am Catholic Service 16 11am Mental Workout 2pm Arts and Crafts 3pm Physical 4pm Church Service Never2Late	10am Exercise 17 11am Sonshine 3pm Physical 4pm BINGO 7pm Piano w/Paul MDR	10am Exercise 18 11am Mental Workout 1:30pm Learn the Bible 3pm Physical 4pm Music 7pm Bingo	10am Exercise 19 11am Mental Workout 1:30pm Chair Dancing MDR 2pm Birthday Party MDR 3pm Arts & Crafts 4pm Music 7pm Scented Lotions	10am Exercise 20 11am Mental Workout 2pm Arts & Crafts 3pm Learn the Bible 4pm Music 7pm Sensory	10am Exercise 21 11am Mental Workout 2pm Happy Hour MDR 3pm Physical 4pm Music 7pm Movie /Popcorn <small>Winter Begins</small>	10am Exercise 22 11am Mental Workout 2pm Arts & Crafts 3pm Physical 4pm Music	
10am Catholic Service 23 11am Mental Workout 2pm Arts and Crafts 3pm Physical 4pm Church Service Never2Late	10am Exercise 24 11am Sonshine 3pm Physical 4pm BINGO 7pm Piano w/Paul MDR	10am Exercise 25 11am Mental Workout 1:30pm Learn the Bible 3pm Physical 4pm Music 7pm Bingo <small>Christmas Day</small>	10am Exercise 26 11am Mental Workout 3pm Arts & Crafts 4pm Music 7pm Scented Lotions <small>Kwanzaa Begins</small>	10am Exercise 27 11am Mental Workout 2pm Arts & Crafts 3pm Learn the Bible 4pm Music 6pm ALZ Support 2LNG 7pm Sensory	10am Exercise 28 11am Mental Workout 2pm Happy Hour MDR 3pm Physical 4pm Music 7pm Movie /Popcorn	10am Exercise 29 11am Mental Workout 2pm Arts & Crafts 3pm Physical 4pm Music	
10am Catholic Service 30 11am Mental Workout 2pm Arts and Crafts 3pm Physical 4pm Church Service Never2Late	10am Exercise 31 11am Sonshine 3pm Physical 4pm BINGO 7pm Piano w/Paul MDR <small>New Year's Eve</small>						