

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019



Woodside Senior Living Memory Care

						10am Exercise 11am Mental Workout 2pm Happy Hour MDR 3pm Musical Moments 4pm Bingo 7pm Movie /Popcorn	10am Exercise 11am Mental Workout 2pm Arts & Crafts 3pm Physical 4pm Music 6:30pm Rev. Banks CHP Baptist Service
10am Get Physical 11am Mental Workout 3pm Physical 4pm Church Service Never2Late 6:45pm Charles Brown MDR	10am Exercise 11am Sonshine 3pm Physical 4pm BINGO 7pm Piano w/Paul MDR	WEIGHT CLINIC 10am Exercise 11am Mental Workout 1:30pm Learn the Bible 3pm Musical Moments 4pm Bingo 6pm Scented Lotions	10am Catholic Service 11am Mental Workout 1:30pm Chair Dancing MDR 3pm Arts & Crafts 4pm Music 7pm Scented Lotions	10am Exercise 11am Mental Workout 2pm Arts & Crafts 3pm Learn the Bible 4pm Music 6pm Sensory	10am Exercise 11am Mental Workout 2pm Happy Hour MDR 3pm Musical Moments 4pm Bingo 7pm Movie /Popcorn	10am Exercise 11am Mental Workout 2pm Arts & Crafts 3pm Physical 4pm Music	10am Exercise 11am Mental Workout 2pm Arts & Crafts 3pm Physical 4pm Music
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Daylight Saving Time Begins			Ash Wednesday				
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St. Patrick's Day			Spring Begins	Purim			
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