

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2019

Woodside Senior Living Memory Care

					10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Be Creative 2:30pm Refreshments 3pm Learn the Bible 4pm Music 6pm Sensory 7pm Refreshments	1	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Happy Hour 3pm Musical Moments 6pm Scented Lotions 7pm Refreshments	2	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Be Creative 3pm Get Physical 4pm Music 6:30pm Rev. Banks CHP Baptist Service 7pm Sensory	3			
10:30am Get Physical * 11am Refreshments 11:30am Mental Workout * 2pm Be Creative * 2:30pm Refreshments 3pm Church Service N2L* 4pm Music 6:45pm Charles Brown MDR 7pm Refreshments	4	10:30am Exercise 11am Refreshments 11am Sonshine 2pm Be Creative 2:30pm Refreshments 3pm Get Physical 4pm BINGO 7pm Sensory 7pm Refreshments	5	10:30am Exercise 11am Refreshments 11:30am Mental Workout 1:30pm Learn the Bible 2:30pm Refreshments 3pm Musical Moments 4pm Bingo 6pm Scented Lotions 7pm Refreshments	6	10am TaiChi 11am Refreshments 11:30am Mental Workout 2pm Be Creative 2:30 Refreshments 3pm Get Physical 4pm Music 6pm Scented Lotions * 7pm Refreshments	7	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Be Creative 2:30pm Refreshments 3pm Learn the Bible 4pm Music 6pm Sensory 7pm Refreshments	8	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Happy Hour 3pm Musical Moments 6pm Scented Lotions 7pm Refreshments	9	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Be Creative 3pm Get Physical 4pm Music 6:30pm Rev. Banks CHP Baptist Service 7pm Sensory	10
10:30am Get Physical * 11am Refreshments 11:30am Mental Workout 2pm Be Creative 2:30pm Refreshments 3pm Physical 4pm Church Service N2L 7pm Sensory 7pm Refreshments	11	10:30am Exercise 11am Refreshments 11am Sonshine 2pm Be Creative 2:30pm Refreshments 3pm Get Physical 4pm BINGO 7pm Sensory 7pm Refreshments	12	10:30am Exercise 11am Refreshments 11:30am Mental Workout 1:30pm Learn the Bible 2:30pm Refreshments 3pm Musical Moments 4pm Bingo 6pm Scented Lotions 7pm Refreshments	13	10am Exercise 11am Refreshments 11:30am Mental Workout 2pm Be Creative 2:30 Refreshments 3pm Get Physical 4pm Music 6pm Scented Lotions 7pm Refreshments	14	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Be Creative 2:30pm Refreshments 3pm Learn the Bible 4pm Music 6pm Sensory 7pm Refreshments	15	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Happy Hour 3pm Musical Moments 6pm Scented Lotions 7pm Refreshments	16	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Annette Keys 3pm Get Physical 4pm Music 6:30pm Rev. Banks CHP Baptist Service 7pm Sensory	17
10:30am Get Physical * 11am Refreshments 11:30am Mental Workout 2pm Be Creative 2:30pm Refreshments 3pm Physical 4pm Church Service N2L 7pm Sensory 7pm Refreshments	18	10:30am Exercise 11am Refreshments 11am Sonshine 2pm Be Creative 2:30pm Refreshments 3pm Get Physical 4pm BINGO 7pm Sensory 7pm Refreshments	19	10:30am Exercise 11am Refreshments 11:30am Mental Workout 1:30pm Learn the Bible 2:30pm Refreshments 3pm Musical Moments 4pm Bingo 6pm Scented Lotions 7pm Refreshments	20	10am Exercise 11am Refreshments 11:30am Mental Workout 2pm Be Creative 2:30 Refreshments 3pm Get Physical 4pm Music 6pm Scented Lotions 7pm Refreshments	21	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Be Creative 2:30pm Refreshments 3pm Learn the Bible 4pm Music 6pm Sensory 7pm Refreshments	22	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Happy Hour 3pm Musical Moments 6pm Scented Lotions 7pm Refreshments	23	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Be Creative 3pm Get Physical 4pm Music 6:30pm Rev. Banks CHP Baptist Service 7pm Sensory	24
10:30am Get Physical * 11am Refreshments 11:30am Mental Workout 2pm Be Creative 2:30pm Refreshments 3pm Physical 4pm Church Service N2L 7pm Sensory 7pm Refreshments	25	10:30am Exercise 11am Refreshments 11am Sonshine 2pm Be Creative 2:30pm Refreshments 3pm Get Physical 4pm BINGO 7pm Sensory 7pm Refreshments	26	10:30am Exercise 11am Refreshments 11:30am Mental Workout 1:30pm Learn the Bible 2:30pm Refreshments 3pm Musical Moments 4pm Bingo 6pm Scented Lotions 7pm Refreshments	27	10am Exercise 11am Refreshments 11:30am Mental Workout 2pm Be Creative 2:30 Refreshments 3pm Get Physical 4pm Music 6pm Scented Lotions 7pm Refreshments	28	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Be Creative 2:30pm Refreshments 3pm Learn the Bible 4pm Music 6pm Sensory 7pm Refreshments	29	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Happy Hour 3pm Musical Moments 6pm Scented Lotions 7pm Refreshments	30	10:30am Get Physical 11am Refreshments 11:30am Mental Workout 2pm Be Creative 3pm Get Physical 4pm Music 6:30pm Rev. Banks CHP Baptist Service 7pm Sensory	31